

2026 Refugio Junior Lifeguard Calendar

Session 1 | June 15 to July 2

** The dates in **RED** will not be held at Refugio State Beach **

June 15	June 16	June 17	June 18	June 19
<p>Welcome to Refugio</p> 	<p>Bodysurfing and Water Entries</p> 	<p>First Aid and Block the Blaze</p> 	<p>Lifeguard Equipment and Rescue Techniques</p> 	<p>Gaviota Beach Day and Wind Caves Hike</p> 
June 22	June 23	June 24	June 25	June 26
<p>Local, State Parks and Lifeguard History</p> 	<p>Major Medicals</p> 	<p>Goleta Beach and Pier Jump</p> 	<p>Environmental Emergencies and Climate Change</p> 	<p>OBJG Comp and Skills Review</p> 
June 29	June 30	July 1	July 2	July 3
<p>Jalama Beach Day</p> 	<p>Duties of a Lifeguard</p> 	<p>Fun Comp/Bunker Ball</p> 	<p>Sticker Swim and End of Session Banquet</p> 	<p>Observation of Fourth of July No JGs Today</p> 

Please review your email on file with the Refugio Junior Lifeguard Program for information about our field trip days. Information will be provided at least 3 program days before the field trip.